

REGISTRATION

Name _____
Facility _____
Address _____

Pre-Registration not later than May 15th, 2024

Per Member \$145.00

Registration on or after May 16th, 2024

Per Member \$155.00

Total Enclosed \$ _____

Send Registration Form and Fees to:

Diane DeYoung
WACA Treasurer
475 Yellow Creek
Evanston, WY 82930
Make checks payable to:
Wyoming Activity Coordinators Association

Register ~ Pay on Line @ mywaca.com **OR** by Mail

WACA 2024 SPRING WORKSHOP

June 6th & 7th

Pronghorn-Monarch Room – 150 East Main Lander WY

Thursday June 6th

8:00 am to 8:30 am Registration-Raffles-50/50

8:30 am to 8:45 am Presidents Welcome Introductions - Ice Breaker

8:45 am to 9:45 Dr. Jo Powell – “Thank Goodness for You”

Learning Objectives:

1. The participants will explore awareness of compassion & value within the human experience.
2. Attendees will be encouraged to identify ways to recognize relationship connectivity.
3. This session will focus on tools to boost our creative process to help solve the identified problems through generating ideas and positive solutions.

9:45 am to 10:00 am – Break-Raffles-50/50

10:00 am to 12:00 pm (2.0 hrs.) “Thank Goodness For You” Cont.

12:00 pm to 1:00 pm Lunch Provided -Raffles-50/50

1:00 pm to 2:30 pm (1.5 hrs.) **Joddee L. Jacobsen – “What Part Are You Playing? Your Impact on the Success of Your Organization”**

Learning Objectives:

1. Discover your role in the “Circle of Safety” to collaborate and innovate
2. Are you a taker, a matcher, or a giver? Discover your style & what it means in the workplace.

3. In interactive group opportunities, discover and enhance your role as a leader and

communicator to revolutionize your work relationships.

2:30 pm to 2:45 pm Break-Raffles-50/50

2:45 pm to 4:15 pm (1.5 hrs.). Dr. Joe Powell

“Cheers to Creativity”

Learning Objectives:

1. Intriguing history of the value of creativity in Folk Art & Culture, will be outlined through this session.
2. Active participation in an art experience will help participants understand the human need to create interpret and respond to their environment.
3. Adapting this therapeutic philosophy for our residents, will improve “quality of life.”

6:00 pm to 7:30 Social & Awards Banquet 6:15

1st 50/50 Drawing

Friday June 7th Breakfast on your own

8:30 am to 9:30 am WACA Business Meeting ~

Elections-Raffles/2nd 50/50 **Darce DeWitt MA DMA,**

PsyD: “Mental Health in LTC; Roundtable Best Practice of Quality-of-Life Opportunities.”

Learning Objectives:

1. Questions from the attendees will inspire open discussion related prominent recent “topics” Covid, Relationships, and Communication of the LTC Community related to “quality of life.”
2. Interactively calling on our cohorts and Wyoming’s Counseling Center’s to brainstorm together using years of combined experience, knowledge and study will be a helpful learning experience.
3. Sharing productive and positive thoughts feelings & ideas is the goal using dialogue, related to the Activity Program will benefit professional development.

12:00 pm to 1:00 pm - Light Lunch – Raffles -Last Purchase of 2nd 50/50

1:00 pm to 2:30 pm (1.5 hrs.) - **Darce DeWitt MA DMA, PsyD: “Understanding Social and Emotional Awareness” in LTC.**

Learning Objectives:

Learning Objectives:

1. Introduction to meanings of self-awareness, mindfulness, self-control, and Interpersonal skills will help attendees develop a meaningful activity program.

2. How to strategize using good “Coping skills” will be empathized into this session.

3. We learn how to see benefits when we nurture interpersonal relationships in our LTC work settings.

2:30 pm to 2:45 pm - Finish to Raffles & 2nd 50/50 Drawing
Certificates of Attendance Travel Safely

Biographies of Speakers

Dr. Jo Powell lives & plays in Spearfish, SD. She moved there 13 years ago to be closer to family when she retired from teaching for 25 years for the Dept. of Defense in Germany. While in Germany, she completed a 3 yr tour of duty with the Army, then stayed to teach Kn-8th grade in the American military schools, traveled to marvelous places, met some wonderful people & the love of her life, adopted German & French families, & amassed an international folk-art museum. Her home “compound” includes a studio/workshop where she gets into all sorts of mischief, while her house includes a writing/illustrating room, where she works on children’s books. Jo is active in the arts community in Spearfish and has volunteered for art projects in the schools, at the Spearfish children’s home, on Pine Ridge Reservation, & at the Matthews Opera House. She has given 2 Bellman Brown Bag Lectures at the Matthews, On Mythology & On Folk Art, two of her many interests. She feels blessed every day, & her sense of humor has been known to border on the absurd.

An Idaho native, **Joddee L. Jacobsen** is the University of Wyoming Community Vitality & Health Educator for Natrona County in Casper, WY and holds an M.A. Education from the University of Northern Colorado and a B.A. History from Idaho State University. She was recently awarded a John P. Elbogen grant in Youth Entrepreneurship and a second, Wyoming Food, Fun & 4-H focusing on healthy cooking, nutrition, and bringing families together around the dinner table with collaborating UW 4-H Educators. Awards include the Achievement in Service Award, Distinguished Service Award, and the Creative Excellence Award in UW Extension programming. She’s active in her community, Casper Chamber of Commerce, the Wyoming Outdoor Recreation Collaborative, Phi Delta Kappa and Epsilon Sigma Phi. For fun? World travel, good friends, good books, good music, skiing, & watching hockey!

Darce DeWitt, MA DMA, PsyD Candidate raised in Wyoming, after 25 years returned to her hometown Greybull, WY to be closer to family. Living in Iowa & Colorado gaining experience in LTC, health care, & mental health. She holds a Master’s in Psychology from the University of Phoenix, is working to complete her doctorate in Psychology this year through Arizona Global Campus/ National University. Working in a Alzheimer’s home in West Des Moines, Iowa, found her passion with geriatric residents-Dementia or Alzheimer’s. Worked in a prison as a therapist for a mental health program, & a therapist on a psychiatric unit in Colorado. The psychiatric unit closed, moved into private practice continuing to work with those with trauma & mental health concerns. She believes that education & training are the two main ways to improve any facility or workplace. She brings with her a passion for inclusion and quality of care. She feels that interaction & understanding of others will not only improve their quality of care, but also give purpose and meaning to life. She was a member of the Suicide Prevention Coalition of Pueblo County and provided training & education on the topic of suicide prevention/mental health. She uses a solution focused & person-centered approach in working with clients to teach coping skills, mindfulness, self-awareness, and interpersonal skills. She enjoys spending time with her family and her dogs Zeke and Kota. She is an avid hockey fan & loves boxing & wrestling. She loves to experience new places & adventure into the unknown.

Website: mywaca.com

Facebook Wyoming Activity Coordinators Association



A total of 10 hours of continuing education
Will be granted

To R.T. C.T.R.S., C.O.T.A., A.C.C., A.D.C., A.A.C., and
Any other participants in the workshop by the
Wyoming Activity Coordinators Association.
(10.0 CEU's)

Any Questions?

Call
Dawn Wehrman
307-921-1373

Or

Diane DeYoung
307-789-0726



WYOMING ACTIVITY COORDINATORS ASSOCIATION

Presents

The 2024 Spring Workshop
Lander WY-Pronghorn 150 East Main St
“Cheers to 45 Years With WACA”
Thursday June 6th & Friday June 7th 2024

APPROVED NCCAP EDUCATION PROVIDER—WACA