

APPROVED NCCAP EDUCATION PROVIDER—WACA

**A total of 5.5 hours of continuing education
Will be granted**

**To R.T. C.T.R.S., C.O.T.A., A.C.C., A.D.C., A.A.C., and
Any other participants in the workshop by the
Wyoming Activity Coordinators Association.
(5.5 CEU's)**

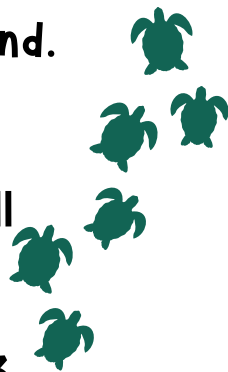
**Bring your money and items for the raffles to help
support**

WACA's Education Fund.

Any Questions? Call

Dawn Wehrman

1-307-921-1373



WYOMING ACTIVITIES



**Coordinators Association
Presents**

The Fall WACA Workshop

Friday October 3, 2025

8:00Am-5:00Pm

**University of Wyoming Extension
of Natrona County**

2011 Fairgrounds Road

Casper, Wyoming 82604

During our Body meeting:

- We will have the body vote to approve IT supplies
- Vote on changes to Activity Director award to Activity Professional
- Discuss the newsletter going digital



WACA Board Members:

President– Dawn Werman

Vice-President– Rachel Velarde

Treasurer–Diane DeYoung

Sectary– Ashley Booth

Terri Newman–Education Chair

Newsletter Editor– Katrinna Thomas

IT– Zoie Nichols

Awards– Hilda Griffrow



WACA Scholarships: Recognizing Involvement & Encouraging Participation

Scott Haycock Scholarship

The Scott Haycock Scholarship is awarded bi-annually to a facility that is actively involved in WACA. This scholarship covers the registration cost for one individual to attend the WACA Conference.

Each cycle, the WACA Board votes during a board meeting to select the recipient. The winning facility is announced approximately one week after the WACA Newsletter is sent out.

Shirley Morrison Scholarship

The Shirley Morrison Scholarship is also awarded bi-annually, but is specifically designed for a facility that has been inactive in WACA. Like the Haycock Scholarship, it covers the registration for one person to attend the conference.

The goal of this scholarship is to help re-engage facilities and encourage renewed participation. The recipient is also selected by board vote and announced about one week following the Newsletter release.

These scholarships honor the spirit of involvement and the value of re-connection within our WACA community.

Biographies:

WACA President Dawn Wehrman – has worked in Activities since 2007, Activity Specialist of the Wyoming Retirement Home in Basin & serving WACA for 14 years. She is dedicated to providing education related to "quality of life" opportunities for the institutionalize elderly. She completed MEPAP 1 & 2 Casper College/2-year program NCCAP.

Tim Cozad is an LPN, RAI-CT is the Lead Long Term Care Surveyor for the office of Healthcare Licensing & Surveys in the State of Wyoming. He has lived in Wyoming his entire life & currently resides in Cheyenne with his wife & 3 children. He grew up in a small town where his family owned & operated a restaurant, as well as raised alfalfa & Quarter Horses. Tim moved to Cheyenne after graduating high school & attended Laramie County Community College, where he trained to become an LPN. Tim has worked in healthcare for 22 yrs, first as a CNA, then as an LPN. While working in long term care facilities, Tim performed many duties as a floor nurse & also as a member of the leadership team.

Learning Objectives:

- 1. Accessing Updated Resources will be outlined related to Skilled Nursing Facility PPS. "Activity scope of practice" will be reinforced as a key focus during this session.**
- 2. The participants will be reassured that "Quality of life" continues to be the "standard of practice" in the "person centered assessment" as we move forward with updates in the State & Federal Regulations effecting the LTC Continuum.**
- 3. Attendees will be given useful suggestions & ideas on how to navigate through the changes of regulations and implement them easily into the "services" that they provide.**

"The Turtley Awesome Value of Quality of Life in LTC"

Learning Objectives:

- 1. Overview of REVISED: Long-Term Care (LTC) Surveyor Guidance: Significant revisions to enhance quality and oversight of the LTC survey process.**
- 2. The regulation at F680 states that a facility's activities program quality of life must be directed by a "qualified professional" who is either: Reviewed.**
- 3. Questions and Answers related to Quality of life for older adults will encompasses various aspects of well-being and reinforce today's overall focus on "Person Centered" care.**



"Assessment Instrument (RAI) Overview to Create Turtley Awesome Care Plans"

Learning Objectives:

1. Group work with guidance will focus on steps to "Personalize" Care Plans utilizing the resident Assessment Indicator (RAI/MDS).
2. Examples with scenarios will serve as the method to help understand the central document for communication between staff, residents, & their families, ensuring everyone is on the same page regarding care.
3. Encouraging brainstorming "Person Centered" Activity Approaches to enhance "quality of life" with user friendly Care Planning steps will be emphasized.

"MDS/RAI Process Utilizes Overview = Awesome Care Plans"

Learning Objectives:

1. Group exercise is designed by sharing ways that the given scenarios will be highlighted to understand the "Person Centered" community in LTC.
2. Demonstration that Intradisciplinary Care Plans ensure that each resident receives personalized care tailored to their specific needs is the groups concentration.
3. Attendees will build their professional skills to implement "Person Centered" Care Plans with collaboration of the MDS/RAI.

"Turtley Art"

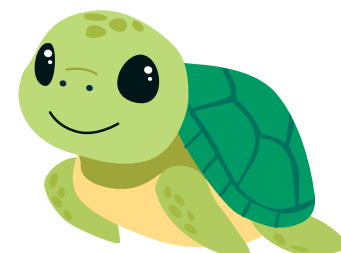
Learning Objectives:

1. Outline of communication arts group therapy ideas will include a variety of art-based activities designed to encourage self-expression, emotional processing, and social interaction.
2. Examples include collaborative mural creation, emotion wheels, storytelling through art, and activities like blind contour drawing or texture exploration will immerse this groups creative processes.
3. These activities can be adapted for different age groups and therapeutic goals, providing a creative and engaging approach to the wellbeing of a group. Active participation in a "collaborative project" will reinforce quality of life for older adults encompasses various aspects of their 'Life Journey.'

"Centers of Medicaid & Medicare Update Related to Long Term Care Continuum."

Terri Newman ADC has worked in Activities since 1974—served WACA 37 yrs; dedicated to providing education; Taught MEPAP I & II State Approved Courses at Casper College for 25 years. She is Nationally (NCCAP) Activity Director Certified / NCCAP.

Laura Hudspeth, MSc, RD, LD, serves as the State Survey Agency Director for Wyoming & has 27 years of experience in health care facility licensure & certification. In 2018/2019 she served as the President for the Association of Health Facility Survey Agencies. Laura has worked in a facility for individuals with intellectual disabilities, as a hospital consultant dietitian, as an instructor at the University of Wyoming, & for the Wyoming State Unit on Aging. In 2016 she was the recipient of the LeadingAge Wyoming, Daniel J. Lex Award, for lifetime service in Long-term Care. Laura has been involved with WACA for many years & is excited & honored to be presenting at the Fall WACA.



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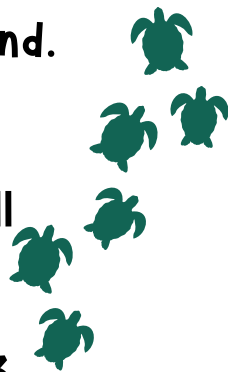
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"WACA Is Turtley Awesome"



8:00 am – 8:30 am Registration

8:30 am – 9:00 am President's Welcome, Ice Breaker,

Raffles– 50/50

9:00 am –10:00 am: Dawn Wehrman APQ "Assessment

**Instrument (RAI) Overview to Create Turtley Awesome Care
Plans" 1.0 hrs**

10:00 am –10:15 am: Break and Raffles, 50/50

10:15 am –11:15 pm – Dawn Wehrman APQ "MDS/RAI Process

Utilizes Overview = Awesome Care Plans" 1.0 hrs

**11:15 pm– 11:45 pm – Terri Newman ADC "Turtley Art" 0.5
hrs**

11:45 to 12:35 Lunch and Raffles, 50/50

12:35 pm– 1:15 pm WACA Business Meeting

1:15 pm– 3:15 pm Laura Hudspeth MS & Tim Cozad LPN, RAI–CT

**"Centers of Medicaid & Medicare Update Related to Long Term
Care" 2.0 hrs**

3:15 pm – 3:30 pm Break, Raffles–50/50

**3:30 pm – 4:30 pm Laura Hudspeth MS & Tim Cozad LPN, RAI–
CT**

"The Turtley Awesome Value of Quality of Life in LTC" 1.0 hrs

4:30 pm– 5:00 pm: 50/50 Drawing, Raffle Drawings &

Evaluations Certificates of Attendance

Travel Safely

Registration

Name_____

Facility:_____

Address:_____

Registration not later than September 30, 2025

WACA FEE \$100.00

Door \$110.00

Total enclosed \$_____

Send registration form and fees to:

Diane Deyoung

WACA Treasurer

475 Yellow Creek

Evanston, WY 82930

Pay on line @ mywaca.com

Make checks payable to:

Wyoming Activity Coordinators Association